TAKE YOUR HEALTH TO THE NEXT LEVEL

LEVEL UP

With School Lunch!

National Take Your Parents to Lunch Day

Please join us in celebrating National School Lunch Week, October 9-13, 2023. This celebration highlights the nutritious meals served by our hard-working school nutrition professionals, emphasizes healthy lifestyles, and connects students to Texas agriculture. The theme for this year is Level Up with School Lunch. During the week, the school nutrition team will serve up nutritious meals and engage students with fun activities to help your student win a high score and power up at school!

National School Lunch Week can be enjoyable for the whole family! Level Up with School Lunch during National School Lunch Week by attending National Take Your Parents to Lunch Day on Wednesday, October 11th. You are invited to join your child in the cafeteria for a nutritious school lunch at a reasonable price. Come see firsthand how a school meal can take you and your child's health to the next level!

For more information, visit
www.SquareMeals.org/NSLW

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Food and Nutrition Division
National School Lunch Program

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www.SquareMeals.org